

Support

Rethink
Mental
Illness.

THE RETHINK RELAY



Every mile brings hope!

The Rethink Relay is a nationwide movement to raise money to support those living with mental illness.

Clock up miles with friends, family or solo to make a difference.

Visit my fundraising page to donate!



For more information please contact: events@rethink.org

Rethink Mental Illness is the charity for people severely affected by mental illness.

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