

THE RETHINK RELAY



Play our Rethink Relay Bingo!

**Record 3
fitness
activities
this week**

**Check in
with someone
you know**

**Share your
fundraising
page and
tag us**

**Take 30
minutes to do
something
you enjoy**

**Receive 2
donations this
week**

**Share a photo
from one of
your walks
or runs**

**Thank your
supporters**

**Do a walk or run
with a friend or
colleague**

**Post an update
on your
fundraising
page**

Send your completed bingo cards to events@rethink.org
by **Monday 21st October**